

## Food

Unless otherwise noted, campers will need to bring a lunch and drink daily. Camp provides snacks daily. If they stay in aftercare, they will be provided a snack but may bring their own if they choose. KidsKamp encourages parents to send lunches that do not have to be heated. For your child's safety, only counselors are allowed to use microwaves.

## Clothing / Backpacks

For camper's safety, camp T-shirt is required & may be purchased and ordered at registration. Children should wear a camp shirt each day. They may wear any type of shorts, pants, and shoes. Flip flops are okay to wear. All children should have a change of clothes with them each day.

**PLEASE LABEL ALL OF YOUR CHILD'S BELONGINGS. We do not check backpacks daily for camp payments, forms, notes, etc. Please let us know when you drop your child(ren) off if they have payments or notes that need to be removed.**

## Discipline

If there is a problem with a child that requires discipline, a "Time Out" technique is used. The counselor will talk with the child and, if necessary, separate the child from the group or activities. The child will always be under the supervision of the counselor or another designated staff person. The Director and / or Assistant Director may be called to remove the child from their group until he/she is able to go back to the group and participate. No counselor is allowed to hit a child or humiliate them by yelling at them. Counselors are not allowed to do anything that would negatively affect a child's self-esteem.

The Director reserves the right to move any camper to another class that will best fit that child's needs if necessary.

## One Can Make a Difference

One morning a man was taking his morning walk along the beach. He noticed many starfish along the water's edge. As he walked, he came upon a child picking the starfish up and throwing them one by one back into the water.



“Why bother?” the man asked.  
“There are hundreds of them along the shore. You can't possibly make much of a difference.”  
The child reached down, picked up another starfish, threw it back into the ocean and turned to the man and said,  
“Made a difference to that one!”